WEEK 1 MENU

WEEK COMMENCING
28/10, 18/11, 09/12, 30/12, 20/01,
10/02, 02/03, 23/03

FOOD & CO. by sodexo

	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY ITALIAN	ORIGINALS DAY	STREET FOOD DAY	ORIGINALS DAY	FRIDAY FAVOURITES
MAIN 1	Italian Lasagne with Garlic Bread	Beef burger in a Bun	Roast Chicken & Roast Gravy	Braised Turkey Meatballs in Tomato Sauce	Oven Baked Fish Fingers or Salmon Fish Fingers
Vegetarian	Macaroni Cheese	Cheese and Tomato Pizza	Roast Quorn Fillet & Gravy	Butternut Squash and Butterbean Pasta Bake	Cheddar, Onion & Tomato Tart
Carbohydrates	New Potatoes with Parsley	Baked Potato Wedges	Roasted Potatoes	Boiled White and Brown Rice	Oven Baked Chips
Vegetables	Green Beans, Mixed Salad,	Coleslaw Mixed Salad	Broccoli Florets Fresh Sliced Carrots	Sweetcorn Mixed Salad	Garden Peas, Baked Beans
Dessert	Chocolate Custard Pot	Oaty Peach Crumble and Custard	Fresh Vanilla Sponge with Custard	Fresh Fruit Wedges	Chocolate Cornflake Cake

AVAILABLE DAILY: Freshly cooked jacket potatoes with a daily choice of two toppings • Fresh fruit, yogurt & a mixed salad bar • Freshly baked bread (white & wholemeal)

FOR ALLERGEN CONTENT PLEASE SPEAK TO MEMBER OF STAFF WHO WILL BE HAPPY TO ASSIST

WEEK 2 MENU

WEEK COMMENCING
04/11, 25/11, 16/12, 06/01, 27/01,
17/02, 09/03, 30/03

FOOD & Co. by sodexo

	Monday	Tuesday	Wednesday	Thursday	Friday
	ORIGINALS DAY	STREET FOOD DAY	ORIGINALS DAY	WORLD FOOD DAY CHINESE	FRIDAY FAVOURITES
MAIN 1	Oven Baked Sausage & Gravy	Southern Baked Chicken Fillet with BBQ Sauce	Roast Turkey and Gravy	Sweet and Sour Chicken	Oven Baked Fish Fingers
Vegetarian	Quorn Sausage & Gravy	Southern Baked Halloumi Burger, Bun & Salad with BBQ Sauce	Courgette Spaghetti, Tomato and Butterbeans	Chinese Stir Fried Quorn	Cheese & Tomato Panini
Carbohydrates	Mashed Potatoes	Oven Baked Wedges	Roasted Potatoes	Boiled White and Brown Rice	Oven Baked Chips
Vegetables	Broccoli Florets and Fresh Sliced Carrots	Baked Beans, Red Cabbage Coleslaw	Green Beans Fresh Carrots	Broccoli Florets and Sweetcorn	Garden Peas, Baked Beans
Dessert	Chocolate Sponge & Chocolate Sauce	Chocolate and Vanilla Custard Pot	Fresh Fruit Wedges	Caramelised Pineapple, Vanilla Ice Cream Slice	Strawberry Jelly (V)

AVAILABLE DAILY: Freshly cooked jacket potatoes with a daily choice of two toppings • Fresh fruit, yogurt & a mixed salad bar • Freshly baked bread (white & wholemeal)
FOR ALLERGEN CONTENT PLEASE SPEAK TO MEMBER OF STAFF WHO WILL BE HAPPY TO ASSIST

WEEK 3 MENU

WEEK COMMENCING
11/11, 02/12, 23/12, 13/01, 03/02, 24/02, 16/03

FOOD & CO by sodexo

	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY EASTERN	ORIGINALS DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Mild Chicken Curry	Cottage Pie and Gravy	Roast Loin of Pork with Apple Sauce	Chicken & Sweetcorn Pizza	Oven Baked Fish Fingers or Salmon Bites
Vegetarian	Sweet Potato and Chick Pea Curry	Italian Baked Gnocchi and Garlic Bread	Quorn Roast	Mixed Bean and Vegetable Wrap	Quorn Hot Dog Roll
Carbohydrates	Boiled White and Brown Rice	Mashed Potato	Roast Potatoes	Half Jacket Potato	Oven Baked Chips
Vegetables	Green Beans and Sweetcorn	Fresh Sliced Carrots and Green Beans	Savoy Cabbage Roasted Vegetables	Broccoli Florets Sweetcorn	Garden Peas, Baked Beans
Dessert	Fresh Vanilla Sponge and Lemon Sauce	Chocolate Beetroot Cake	Wholemeal Apple Crumble & Custard Sauce	Strawberry Jelly (V)	Fresh Fruit Salad Vanilla Ice Cream Slice

AVAILABLE DAILY: Freshly cooked jacket potatoes with a daily choice of two toppings • Fresh fruit, yogurt & a mixed salad bar • Freshly baked bread (white & wholemeal)

FOR ALLERGEN CONTENT PLEASE SPEAK TO MEMBER OF STAFF WHO WILL BE HAPPY TO ASSIST