

OALC PE Overview

Intent:

Communication, language & vocabulary

Books and reading



Experienced-based learning



Knowledge and retaining knowledge



'Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it'

Michael Jordan

- PE is taught at Oasis Long Cross to support all pupils in developing and exceeding their current abilities in competitive sports and other physically demanding activities.
- We will provide opportunities for pupils to become physically confident in a way which supports their health and fitness.
- Our children will have opportunities to compete in sport and other activities that build character and help to embed a sense of mutual respect and fairness.
- Through our PE curriculum we provide opportunities to take part in sports and activities which promote a positive growth mind-set and the resilience to persevere in areas that may be once have felt too difficult.
- We strongly believe there is a need to teach and support children how to cooperate and collaborate with others, as part of a team, garnering them with skills that can be transferred into other areas of their school and non-school lives.
- Our PE curriculum will introduce children to sports and other physical activities that they would not otherwise encounter in their lives away from school.
- We will ensure children have the opportunity to compete across sports at an inter school level.
- Children will be introduced to the elite sport teams within Bristol, engendering a sense of belonging and passion for their community.
- Extra support will be given to those children who find PE a difficult area of the curriculum and those who excel at a particular sport.
- In short, our PE curriculum should generate a lifelong love of sport and demanding physical activity, along with a sense of fair play and perseverance.
- Our Government Sports & PE Premium funding will be used to support these aims.

Implement:

Coverage through PE curriculum & extra-curricular activities:

- All children will have access to at least two hours of curricular PE & structured physical activity per week, taught by skilled practitioners.
- There will be a variety of extra-curricular clubs, after school, to cover all year groups and increase participation rates. These include, football, dance, multi sports and cricket. These are monitored to ensure all pupils have an equal opportunity to take part.
- Specialised sports coaching for our Resource Base children provided by our external coaching partners.
- Children have the opportunity to take part in activities not usually included in the curriculum, e.g. BMX riding (including sessions at the local track), street dance and a visit from a mobile climbing wall.
- Opportunities for competition, at an inter school level, will be offered across sports, e.g. Bristol-wide football leagues.
- Links will be made with local sporting clubs in order to provide a pathway for pupils to continue with their chosen sport outside of school (Shirehampton Cricket Club, Bristol Bears (rugby), Bristol City (football) & Bristol Flyers (Basketball))
- Pupils all take part in structured and varied break time play, supported by both staff and a dedicated play leader.
- A selection of Year 5 children who struggle to engage with sport, put forward to a 'Community of Purpose' programme involving training with children from another school in a contrasting setting within Bristol and subsequently taking part as a joint team at a Festival of Sport.
- Year 6 children will take part in an annual Bristol Festival of Sport at Bristol City's Ashton Gate, competing with children from across the city.
- Visit from an elite sports person in conjunction with a fundraising event for sports equipment.
- The children will attend swimming for one term, every year during Key Stage 2 with the aim of closing the gap with national outcomes (booster lessons in Y6 will occur as necessary).
- The curriculum overview is progressive and varied.
- Staff are supported in developing their pedagogy and feel confident in lesson delivery, including CPD support from our external coaching providers.

Assessment:

- Ongoing assessment within lessons
- Termly curricular assessment against age related expectations
- End of Year 6 swimming assessment against the 25m requirement.

Monitoring:

- Improved physical fitness will be a focus for the academy going forward, and this will be sewn into the PE curriculum and monitored.

Impact:

Data (2019/20):

- Swimming outcomes improved from 2018/19 and now closer to National average (69% 25m) with 59% of Y6 children achieving 25m or above (against 24% in 2019)
- Increase in extra-curricular offer with Street Dance and Dodgeball being added.
- School football team rose three places in the local league.

Teacher CPD/monitoring (2019/20):

- All teachers received ongoing CPD by observing and supporting external coaching partners for at least two terms.
- Improved monitoring part of 2020/21 calendar

Community/families:

- All children (including Resource Base) took part in a sponsored event with Jack Rutter, captain of the GB Paralympic football team.
- Links with local clubs to be re-established in 2020-21 with our new external coaching support.
- Performances from children taking part in Street Dance extra-curricular sessions to become termly, post lockdown.
- Annual sports days for all pupils where parents are invited to come and support (cancelled in 2020)