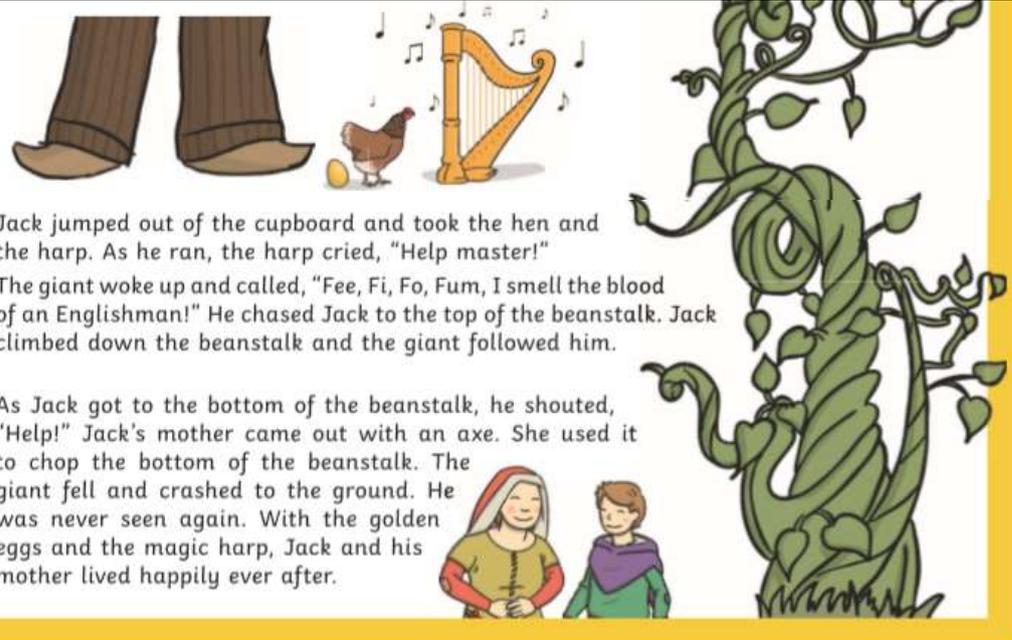


<p><b>This week's theme is....</b></p>	<p>Traditional Tales</p> 
<p><b>9.00</b></p>  <p><b>PE with Joe Wicks</b></p>	<p><a href="https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ">https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ</a></p>
<p><b>9.30</b></p>  <p><b>Drink and snack</b></p>	<p>It's important to drink lots of water to keep us healthy, especially after exercise. Have a glass of water and if you're hungry why not try a piece of fruit.</p>
<p>The following activities can be completed in any order but we recommend before lunch and with a short break between each one. We have identified how much time should be spent on each activity.</p>	
<p><b>30 minutes</b></p>  <p><b>Daily Reading</b></p>	<p>Read this text and answer the questions below:</p> <p>Traditional Tales...</p> <h2 style="text-align: center;">Jack and the Beanstalk</h2> <div style="display: flex; justify-content: space-between;"> <div data-bbox="427 1279 1129 1422" style="width: 60%;"> <p>Once upon a time, there was a boy called Jack. Jack lived in a cottage with his mother. They were very poor and their most valuable possession was a cow. One day, Jack's mother asked him to take the cow to market to sell. On the way, Jack met a man who gave him some magic beans in exchange for the cow.</p> </div> <div data-bbox="1145 1279 1374 1469" style="width: 35%;">  </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 20px;"> <div data-bbox="440 1469 715 1630" style="width: 30%;">  </div> <div data-bbox="735 1458 1374 1630" style="width: 60%;"> <p>When Jack came home with the beans his mother was angry. She threw the beans out of the window and sent him to bed. The next morning, Jack looked out of the window. A giant beanstalk had grown in the garden! Jack decided to climb the beanstalk. It was so tall, it went right up to the sky and through the clouds!</p> </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 20px;"> <div data-bbox="427 1671 1139 1948" style="width: 60%;"> <p>When Jack finally reached the top, he saw an enormous castle. Jack decided to go inside; all the furniture was huge! Suddenly, Jack heard a loud noise. He ran into a cupboard to hide. A huge giant came into the room. "Fee, Fi, Fo, Fum, I smell the blood of an Englishman!" he bellowed. The giant sat down at the table. On the table was a hen and a golden harp. "Lay!" said the giant and the hen laid an egg; it was made out of solid gold. "Sing!" said the giant and the harp sang. The beautiful music made the giant fell asleep.</p> </div> <div data-bbox="1054 1711 1437 1948" style="width: 35%;">  </div> </div>



Jack jumped out of the cupboard and took the hen and the harp. As he ran, the harp cried, "Help master!" The giant woke up and called, "Fee, Fi, Fo, Fum, I smell the blood of an Englishman!" He chased Jack to the top of the beanstalk. Jack climbed down the beanstalk and the giant followed him.

As Jack got to the bottom of the beanstalk, he shouted, "Help!" Jack's mother came out with an axe. She used it to chop the bottom of the beanstalk. The giant fell and crashed to the ground. He was never seen again. With the golden eggs and the magic harp, Jack and his mother lived happily ever after.

Answer the questions below in full sentences.

1. What was the most expensive item that Jack and his mother owned?

---

2. Who gave Jack something in exchange for his cow? What was it?

---

3. How do you think Jack's mother felt when she found out what Jack had done with their cow?

---

4. Where did the beanstalk grow?

---

5. How can you tell the beanstalk was high?

---

6. What was the giant's catchphrase?

---



---

7. How did the giant find out about Jack?

\_\_\_\_\_

\_\_\_\_\_

8. Describe how you think the giant's egg looked using three adjectives.

\_\_\_\_\_

\_\_\_\_\_

9. Who saved the day and how?

\_\_\_\_\_

\_\_\_\_\_

10. Do you think it was a happy ending for everyone?

\_\_\_\_\_

\_\_\_\_\_

5 mins



Brain Break

5-4-3-2-1!

You are going to do five different physical activities in descending order.

- 5 jumping jacks,
- 4 star jumps,
- 3 sit ups,
- 2 hops
- 1 hand clap.

Now try your own. Choose different exercises for 5, 4, 3, 2 and 1 if you can.

30 minutes



Daily Writing

We would love you to write your own fairy tale. Here is a key features poster about what is often included in a fairy tale. You can base your fairy tale on one of the ones you have read this week and just change the characters, setting and problem, or you can create your own new one.

## Traditional Fairy Tales

**Definition:**  
A story about fairies and magic. Usually told through many generations.

**Key Features:**

- Often begin with 'Once upon a time...'
- Love and magic are common themes.
- Talking animals.
- Princes and princesses.
- Ending is usually '...happily ever after.'

**Key Words:**

- enchanted
- three wishes
- castle
- evil
- wicked

• unknown

• brave

• in love

• beautiful

• spell

**Settings:**

- magical kingdom
- land far, far away
- cottage
- forest
- wood

twinkl | www.twinkl.co.uk

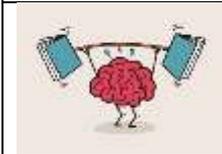
	<p>Remember it is still a story so it should include an introduction, build up, climax, resolution and ending. Remember to use all the year 4 skills of expanded noun phrases, prepositional phrases, fronted adverbials, conjunctions, apostrophes for possession and contraction and speech with the correct punctuation.</p> <p>Good luck!</p>
<p>5 mins</p>  <p>Brain Break</p>	<p>Jump up and join in another Go Noodle dance!</p> <p><a href="https://www.youtube.com/watch?v=KhfkYzUwYFk">https://www.youtube.com/watch?v=KhfkYzUwYFk</a></p>
<p>30 minutes</p>  <p>Daily Maths</p>	<p>Arithmetic Fridays!</p> <p>Answer the following arithmetic questions:</p> <ol style="list-style-type: none"> <li>1. <math>3761 - 1203 =</math></li> <li>2. <math>\frac{1}{2}</math> of 632 =</li> <li>3. <math>6288 + 393 =</math></li> <li>4. <math>538 \times 4 =</math></li> <li>5. <math>168 \div 3 =</math></li> <li>6. <math>724 + \underline{\quad} = 1922</math></li> <li>7. <math>\underline{\quad} - 475 = 623</math></li> <li>8. <math>391 \times 6 =</math></li> <li>9. <math>\frac{3}{5}</math> of 6735 =</li> <li>10. <math>8361 - \underline{\quad} = 8098</math></li> </ol>
<p>Lunch</p>	<p>Lunch time! What will you eat today?</p>  <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Maybe you could try something new today. A different filling in your sandwich or a different piece of fruit?</p> </div>
 <p>Story Time with School</p>	<p>At school, the children have at least one daily story. We want to keep this going to please share today's story with your child or children.</p> <p>Today's book is: A Bad Case of Stripes is written and illustrated by David Shannon and read by Sean Astin.</p> <p><a href="https://www.youtube.com/watch?v=cKaQXmRvpvw">https://www.youtube.com/watch?v=cKaQXmRvpvw</a></p>
<p>Quiz time!!</p>	<p>You're going to be having a go at an <b>arithmetic/SPaG/Reading comprehension</b> quiz this week. Please put your name on the quiz so that we can tell whose answers they are and just try your best.</p>

You only need to do each one once so choose which day you want to do it on. (They are on every day's home learning document but you don't need to do them more than once).

Reading comp - <https://forms.gle/jbrtoMF9r6LZVr9B7>

SPaG: <https://forms.gle/ko7ATmQyRNofe5ui9>

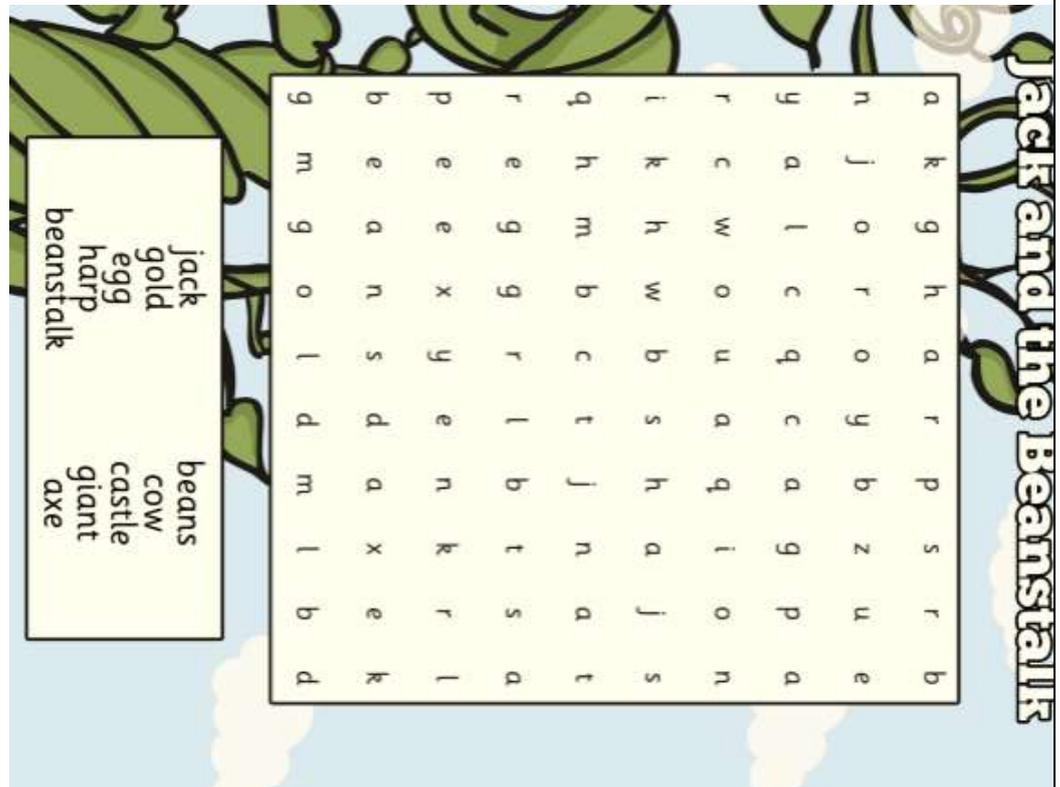
Arithmetic: <https://forms.gle/zKHqqvT7FxDdb7rM6>



**Weekly Challenges**

Completed the daily home learning? Why not try some of these additional activities below. You can do them on your own, with your siblings or other members of your family.

1. Jack and the Beanstalk activities:



**Jack and the Beanstalk**

g	b	p	r	q	i	r	y	n	a
m	e	e	e	h	k	c	a	j	k
g	a	e	g	m	h	w	l	o	g
o	n	x	g	b	w	o	c	r	h
l	s	y	r	c	b	u	q	o	a
d	d	e	l	t	s	a	c	y	r
m	a	n	b	J	h	q	a	b	p
l	x	k	t	n	a	i	g	z	s
b	e	r	s	a	J	o	p	u	r
d	k	l	d	t	s	n	a	e	b

jack  
gold  
egg  
harp  
beanstalk  
 beans  
cow  
castle  
giant  
axe

### Magic Bean Patterns

Can you continue the patterns below?

2. Draw/paint/create a fairy tale castle/house/setting:









3. Make your own fairy tale character puppets. You could even use them to retell the story.





4. Get baking – Gingerbread Men

[https://www.bbc.co.uk/food/recipes/gingerbread\\_men\\_99096](https://www.bbc.co.uk/food/recipes/gingerbread_men_99096)

## Gingerbread men

★★★★☆ 143 ratings

[Rate this recipe](#)



Preparation time

**30 mins to 1 hour**

Cooking time

**10 to 30 mins**

Serves

**Makes 20**

Dietary



### Ingredients

350g/12oz plain flour, plus extra for rolling out

1 tsp bicarbonate of soda

2 tsp ground ginger

1 tsp ground cinnamon

125g/4½oz butter

175g/6oz light soft brown sugar

1 free-range egg

4 tbsp golden syrup

### To decorate

writing icing (optional)

cake decorations (optional)

### Method

1. Sift together the flour, bicarbonate of soda, ginger and cinnamon and pour into the bowl of a food processor. Add the butter and blend until the mix looks like breadcrumbs. Stir in the sugar.
  2. Lightly beat the egg and golden syrup together, add to the food processor and pulse until the mixture clumps together. Tip the dough out, knead briefly until smooth, wrap in cling film and leave to chill in the fridge for 15 minutes.
  3. Preheat the oven to 180C/160C Fan/Gas 4. Line two baking trays with greaseproof paper.
  4. Roll the dough out to a 0.5cm/¼in thickness on a lightly floured surface. Using cutters, cut out the gingerbread men shapes and place on the baking tray, leaving a gap between them.
  5. Bake for 12–15 minutes, or until lightly golden-brown. Leave on the tray for 10 minutes and then move to a wire rack to finish cooling. When cooled decorate with the writing icing and cake decorations, if using.
5. Bake some Little Red Riding Hood cupcakes:  
<https://www.bbcgoodfood.com/recipes/cupcakes>



## Ingredients

110g softened butter

110g golden caster sugar

2 large eggs

½ tsp vanilla extract

110g self-raising flour

### For the buttercream

150g softened butter

300g icing sugar

1 tsp vanilla extract

3 tbsp milk

food colouring paste of your choice (optional)

## Method

Watch recipe video 

1. Heat oven to 180C/160C fan/gas 4 and fill a 12 cupcake tray with cases.
2. Using an electric whisk beat 110g softened butter and 110g golden caster sugar together until pale and fluffy then whisk in 2 large eggs, one at a time, scraping down the sides of the bowl after each addition.
3. Add ½ tsp vanilla extract, 110g self-raising flour and a pinch of salt, whisk until just combined then spoon the mixture into the cupcake cases.
4. Bake for 15 mins until golden brown and a skewer inserted into the middle of each cake comes out clean. Leave to cool completely on a wire rack.
5. To make the buttercream, whisk 150g softened butter until super soft then add 300g icing sugar, 1 tsp vanilla extract and a pinch of salt.
6. Whisk together until smooth (start off slowly to avoid an icing sugar cloud) then beat in 3 tbsp milk.
7. If wanting to colour, stir in the food colouring now. Spoon or pipe onto the cooled cupcakes.

	<p>Extra:</p> <ol style="list-style-type: none"> <li>1. Join in our Time Tables Rock Stars battle! It's Year 3 vs Year 4 for this one, so make sure you're earning lots of coins to try and win. Join the battle <a href="#">here!</a></li> <li>2. Play this Rocket Rounding game on Topmarks: <a href="https://www.topmarks.co.uk/maths-games/rocket-rounding">https://www.topmarks.co.uk/maths-games/rocket-rounding</a></li> <li>3. Visit <a href="#">BBC Bitesize</a> for some extra daily lessons. There's lots of choice from literacy, maths, geography, history and more!</li> <li>4. Think you can beat the clock? Use your number facts <a href="#">here</a>.</li> <li>5. Keeping in touch with people we love makes us feel better. Write a letter to someone special. It could be a friend, a family member, or a member of staff from school. You could tell them about your day, your brilliant learning and you could even include drawings! <b>You could even write a letter to a neighbour or someone on your road to brighten up their day.</b></li> <li>6. Check out the Long Cross YouTube Channel <a href="#">here</a>. Perhaps you could try out one of our baking videos? Or listen to a story? Or learn the Makaton for song lyrics like our staff!</li> </ol>
 	<p>We'd love to see your work and the things you're getting up to at home so don't forget to email or tweet us photos. Remember to only include a photo of your child if you're happy for their image to be shared.</p> <p>You can email your photos to <a href="mailto:LCR-Year4.Support@oasislongcross.org">LCR-Year4.Support@oasislongcross.org</a></p>